PLANT FACT SHEET

Calandrinia micrantha Schlecht.

GENUS *Calandrinia* **FAMILY** Montiaceae

COMMON NAMES Red maids

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb with stems that are spreading. They spread up to 40 cm long. The leaves are narrow and 1-10 cm long.

HABITAT

A tropical plant. It grows between 10 and 1,900 m above sea level.

NOTES

There are between 50-100 Calandrinia species.
It has also been put in the family Portulacaceae.

REFERENCES

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 215

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/95fd98ba-1965-435a-827d-fb635dd464b3