PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Cryptolepis obtusa K. Schum.

GENUS *Cryptolepis* **FAMILY** Apocynaceae

COMMON NAMES Monkey rope

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are crushed, boiled and eaten.
Caution: The leaves may be poisonous.

DESCRIPTION

A woody climber. The stems are smooth and twining. They have a milky latex. The leaves are simple and opposite. They are oblong and have short stalks. They are dark green above and light green underneath. The flowers are in a group in the axils of the leaves. The flowers are small and white. The fruit is a cylinder shaped follicle.

HABITAT

It is a tropical plant.

NOTES

Also put in the family Periplocaceae.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/96065e00-da7e-4f8d-9a87-82d4bcf700a1