PLANT FACT SHEET

Viola pubescens var. scabriuscula Torr. & A. Gray

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Yellow violet

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The leaves and stems are mixed with other leaves and parboiled, then rinsed and fried.

DESCRIPTION

A herb. It grows up to 25 cm tall. It is almost without hairs. There are 1-3 or more leaves at the base. These are heart shaped and 8 cm wide by 6 cm long. They have coarse teeth. The stem leaves are smaller. There are 3 flowering stems. The flowers are bright yellow. They have purple or brown veins near the throat.

Possibly now Viola eriocarpa.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 597 (As Viola pensylvanica)
www.ediblewildfood.com

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/960e1c73-ba3f-40c4-8a21-77dd977218c7