PLANT FACT SHEET

Rumex roseus L.

GENUS *Rumex* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The leaves and flowers are eaten in salads.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Dop, M. C., et al, 2019, Identification and frequency of consumption of wild edible plants over a year in central Tunisia: a mixed-methods approach. Public Health Nutrition: 23(5), 782–794 (As var.)

Karous, O., et al, 2021, Ethnobotanical Study on Plant Used by Semi-Nomad Descendants' Community in Ouled Dabbeb—Southern Tunisia. Plants 2021, 10, 642

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/96101bb0-15e6-4af5-ad4f-e8f7e78f747e