PLANT FACT SHEET

Alpinia bambusifolia C. F. Liang & D. Fang

GENUS *Alpinia* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: bud

DESCRIPTION

A ginger family herb. The false stems are 0.5-1.5 m long. The leaf sheaths are hairy. The leaves are narrowly sword shaped. They are 3-25 cm long by 0.7-3.5 cm wide. There are short hairs or cilia at the edges of the leaves. The flower spikes are erect and 1.5-6 cm long. They are pale purple to red. They are hairy.

HABITAT

It is a subtropical plant.

REFERENCES

Li, S., et al, 2020, Monpa, memory, and change: an ethnobotanical study of plant use in Mêdog County, South-east Tibet, China. Journal of Ethnobiology and Ethnomedicine. (2020) 16:5 p 24

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/964f4f31-6fa6-4302-88b3-cd4cdb26077f