PLANT FACT SHEET

Commelina clavata C.B.Clarke

GENUS *Commelina* **FAMILY** Commelinaceae

COMMON NAMES Willow leaved dayflower

EDIBLE PARTS AND USES

Edible parts: Leaves

The young shoots and leaves are used as food.

DESCRIPTION

A herb. The leaves are 9 cm long by 1 cm wide. They are sword shaped and taper to the tip. The sheath is 2 cm long and open with hairs. The fruit is a 2-celled capsule that is constricted in the middle. There are 4 seeds that are 2 mm long.

HABITAT

A tropical plant. It grows in damp or moist places. In Yunnan.

NOTES

There are about 230 Commelina species.

REFERENCES

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Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 183

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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