PLANT FACT SHEET

Sisymbrium brassiciforme C. A. Mey.

GENUS *Sisymbrium* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows each year from seed. It grows 35-100 cm tall. The stem are hairy near the base and erect and branch higher up. The leaves at the base are in a ring. They are broadly oblong and 3-15 cm long by 1-6 cm wide. There are teeth along the edge.

HABITAT

It is a temperate plant. It has been recorded between 900-4,500 m above sea level.

REFERENCES

Tareen, N. M., et al, 2016, Ethnomedicinal Utilization of Wild Edible Vegetables in District Harnai of Balochistan Province - Pakistan. Pakistan Journal of Botany 48(3): 1159-1171

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 79-90).

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/96b2b2df-b9ac-495f-a548-cd5636707e96