PLANT FACT SHEET

Ceratosanthes palmata (L.) Urb.

GENUS *Ceratosanthes* **FAMILY** Cucurbitaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves, Flowers

The young shoots are used as a vegetable.

DESCRIPTION

A pumpkin family herb.

HABITAT

It is a subtropical plant.

REFERENCES

Dangol, D. R. et al, 2017, Wild Edible Plants in Nepal. Proceedings of 2nd National Workshop on CUAOGR, 2017.

Shrestha, S., 2021, Wild Edible Plants of Dhankuta, Eastern Nepal. Rupantaran : A Multidisciplinary Journal Vol. V : pp 100-109, September, 2021 p 103

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/96ba499a-3ac4-4192-9501-adc292fa0aa4