PLANT FACT SHEET

Gymnadenia conopsea (L.) R.Br.

GENUS *Gymnadenia* **FAMILY** Orchidaceae

COMMON NAMES Fragrant orchid

EDIBLE PARTS AND USES

Edible parts: Root, Corm

The bulb is used in porridge and bread.

DESCRIPTION

An orchid. It grows 20-60 cm tall. The tubers are oval and 1-4 cm long. They have several short slender lobes. The stem is stout and has 2 or 3 tube shaped sheaths at the base. There are 3-5 leaves on the stalk. The leaves can be widely spaced or clustered. They are 6-20 cm long by 1-2 cm wide. The flowering stalk is 11-26 cm long. It has many flowers densely arranged. The flowers have a scent. They are pink.

HABITAT

It is a temperate plant. It grows in grasslands and water-logged meadows between It grows in Sichuan and Yunnan.

NOTES

There are about 7 Gymnadenia species.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/96f64a01-4313-491d-9a78-a5e51b5f32d9