PLANT FACT SHEET

Astragalus glycyphyllus L.

GENUS *Astragalus* **FAMILY** Fabaceae

COMMON NAMES Wild liquorice, Milk Wetch

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves, Leaves - tea

The liquorice flavoured leaves are eaten. They are also used for tea.
The seeds are ground into a coffee substitute.

DESCRIPTION

A small herb. It grows to 30 cm to 1 m tall and wide. The stem lies along the ground and is woolly. The leaves have leaflets along the stalk. The leaves are 20 cm long with 9-13 oval leaflets. The flowers are bell shaped and cream. They are in dense long clusters. The fruit are pointed capsules. These are cylinder shaped and slightly curved.

HABITAT

It is a temperate plant. It grows on chalky soils. It is resistant to drought and frost. It suits hardiness zones 4-8.

PRODUCTION

Cultivation

Plants can be grown by seed.

NOTES

There are 2,000 Astragalus species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9712bf4d-4fbd-437b-89d9-28584955cbfc