PLANT FACT SHEET

Diplazium squamigerum (Mett.) Matsum

GENUS *Diplazium* **FAMILY** Athyriaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Young fronds

DESCRIPTION

A fern. It grows 80 cm tall. The rhizome is 1.5 cm tall and scaly.

HABITAT

It is a temperate plant. It grows in sunny hillsides.

NOTES

There are about 180 Athyrium species. Also put in the family Aspleniaceae and Woodsiaceae.

REFERENCES

Chen, B. & Qiu, Z., Consumer's Attitudes towards Edible Wild Plants, Ishikawa Prefecture, Japan. p 23 www.hindawi.com/journals/ijfr/aip/872413.pdf

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/ (As Athyrium squamigerum)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9731c6cf-3b5c-4b95-aba5-cbe96ca0b124