PLANT FACT SHEET

Acrostichum danaeifolium Langsd. & Fischer

GENUS *Acrostichum* **FAMILY** Pteridaceae

COMMON NAMES Giant fern, Giant leather-fern

EDIBLE PARTS AND USES

Edible parts: Buds, Fiddleheads, Vegetable

The young buds are eaten as a vegetable.

DESCRIPTION

A fern. The fronds can be 2-4 m long. The fronds have 20-60 pairs of leaflets.

HABITAT

It is a tropical plant. In Argentina it grows from sea level and up to 100 m above sea level. It grows in brackish and freshwater marshes.

NOTES

Also put in the family Adiantaceae.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 20

Morton, 1968,

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/973999d8-e650-4240-b9f1-e95173a49801