PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Lactarius glyciosmus (Fr.: Fr.) Fr.

GENUS *Lactarius* **FAMILY** Russulaceae

COMMON NAMES Coconut-secnted milk cap

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

DESCRIPTION

A mushroom.

HABITAT

It is a temperate plant.

REFERENCES

Belova, N.V. & Popov, E.S., 2024, Lactarius and Lactifluus (Russulaceae): Species Diversity and Ecological–Biochemical, Medicobiological, and Nutritional Aspects. Biology Bulletin Reviews, 2025, Vol. 15, Suppl. 2, pp. S113–S121.

Crowe, A., 1997, A Field Guide to the Native Edible Plants of New Zealand. Penguin. p 160

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9741d7ec-d1d3-4293-8542-2f2ef0e56728