PLANT FACT SHEET

Berberis nepalensis Spreng.

GENUS *Berberis* **FAMILY** Berberidaceae

COMMON NAMES Nepal barberry

EDIBLE PARTS AND USES

Edible parts: Fruit, Flowers, Shoots

The ripe fruit are eaten fresh. They are bitter and acidic.
They are also pickled.
The flowers and young shoots are eaten as a vegetable and used in chutney.

DESCRIPTION

A shrub. It grows to about 3 m high. The leaves have stalks. They have an odd number of leaflets along the stalk. There are 17-21 leaflets. They are oval and taper to the tip. They have spiny teeth. They are glossy. The flowers are yellow. They occur in dense clusters along the stalk.

HABITAT

A subtropical plant. In Nepal they grow between 2200-2800 m altitude.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are 70-100 Mahonia species. Many Mahonia are included in Berberis.

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