PLANT FACT SHEET

Nymphaea maculata Schum. & Thonn.

GENUS *Nymphaea* **FAMILY** Nymphaeaceae

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root, Fruit

The fruit are eaten raw or cooked.

DESCRIPTION

A waterlily. It grows in freshwater.

HABITAT

It is a tropical plant.

PRODUCTION

Cultivation

The flowers above water can be pollinated to produce seed. These can then be planted. It can also be grown by division of the rhizome.

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Malaisse, F., 1997, Se nourrir en floret claire africaine. Approche ecologique et nutritionnelle. CTA., p 65

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/978c3e78-c4b7-449a-bcba-2707ecff88e0