PLANT FACT SHEET

Panopsis polystachya (Kunth) Kuntze

GENUS *Panopsis* **FAMILY** Proteaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are used for flour.

DESCRIPTION

A shrub or small tree. The branches have a brown coating. The leaves are 3-11 cm long by 1.3-6.4 cm wide. The flowers are white or pale yellow. The fruit are 2-4 cm across. The seeds are 1-1.5 cm wide.

HABITAT

It is a tropical plant. It grows in cloud forests between 1,000-2,765 m above sea level.

REFERENCES

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/97bee223-0d19-491d-966d-34fe862bfcd2