PLANT FACT SHEET

Oxychloe andina Phil.

GENUS *Oxychloe* **FAMILY** Juncaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten fresh or toasted.

DESCRIPTION

A herb. It grows 50 cm high. It keeps growing from year to year. It forms loose prickly cushions that can be several metres wide. The leaves are 5-8 cm long. The fruit capsules are oblong and 8-11 mm long by 4-5 mm wide. They have 3 sections or locules.

HABITAT

It is a temperate plant. In Chile it grows from medium to high altitudes. In Argentina it grows between 3,200-4,500 m above sea level. It grows in water. It grows in marshes, and near lakes and rivers. It grows in full sun. It suits hardiness zone 8. It can tolerate light frost and snow.

REFERENCES

Leon-Lobos, P., et al, 2022, Patterns of Traditional and Modern Uses of Wild Edible Native Plants of Chile: Challenges and Future Perspectives. Plants (Basel) v 11 (6) Table S1

Villagran, C., et al, 1999, La Tradicion Altiplanica: Estudio Etnobotanico en Los Andes de Iquique, Primera Region, Chile. Chungara, volumen 31 No. 1 pp 81-186

www.chileflora.com

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/97bfa57e-e427-4162-a5fe-00594cf0a932