PLANT FACT SHEET

Madia gracilis (Sm.) Keck & J. Clausen ex Applegate

GENUS *Madia* **FAMILY** Asteraceae

COMMON NAMES Slender tarweed

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are mixed with maize flour and cooked and eaten.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

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Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Madia dissitiflora)

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 117

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/97c14cd0-c7ff-485f-b426-942b3f9f4ce9