PLANT FACT SHEET

Comarum palustre L.

GENUS *Comarum* **FAMILY** Rosaceae

COMMON NAMES Marsh five-finger

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Fruit - drink, Flowers - drink

The leaves have been dried and used as tea.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 20-30 cm tall. It has a branched rhizome. It is long, dark brown and woody. The leaves near the ground are 6-16 cm long. The leaves on the stems have 5-7 leaflets with one at the end.

HABITAT

It is a cool temperate plant. It grows in wet places.

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