PLANT FACT SHEET

Commelina subulata Roth

GENUS *Commelina* **FAMILY** Commelinaceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are used to make beer. They are pounded and added to beer brewing.

DESCRIPTION

A herb. It has one stem and develops several stems later. It has a bulb. It grows near water. It grows up to 25 cm high. Flowers can be yellow, pink, blue of orange.

HABITAT

A subtropical plant. It grows in hot arid regions. It is often in places with a marked dry season. It is often over limestone material. It grows in poorly drained sandy soils. It is often on the edge of pools and in seasonally wet areas. It grows between 380-1,875 m above sea level. It can grow in arid places.

REFERENCES

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 10th April 2011]

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/982f491b-a043-468e-b4b3-d78976572abe