PLANT FACT SHEET

# *Chamissoa altissima* (Jacq.) Kunth

**GENUS** *Chamissoa* **FAMILY** Amaranthaceae

**COMMON NAMES** False chaff flower, Haitian basket vine

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Seeds

The young leaves are cooked and eaten. They can be bitter.

## DESCRIPTION

A vine or climbing plant. The stem is thick and woody. The stems are 2-3 m or more long. The branches hang down. The leaves are alternate. The leaves are oval or sword shaped. They are 8-14 cm long by 3-7 cm wide. The edges are wavy. The flowers are in groups at the ends of the branches. These are 4-16 cm long. The fruit is an oval capsule. It is 3-4 mm long. The seeds are brown and shiny with a white covering.

## HABITAT

It is a tropical plant. In Argentina it grows from sea level to 1,000 m above sea level. ECHO

## PRODUCTION

### Cultivation

It can be grown by seed or rooted cuttings.

## PICTURES



Credit: Food Plants International (Bruce French)

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/98407608-b140-449a-8a01-c0cbf91e76e0