PLANT FACT SHEET

Viola philippica Cav.

GENUS *Viola* **FAMILY** Violaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are probably eaten in salads.

DESCRIPTION

A herb. It grows 4-14 cm tall. The leaves are in a ring from the base. The leaves are long and narrow with wavy dents along the edge. The flowers are purple.

HABITAT

It is a temperate plant. It grows below 1,700 m above sea level in China.

REFERENCES

Liu, S., et al, 2023, Wild edible plants and their cultural significance among the Zhuang ethnic group in Fangchenggang, Guangxi, China. Journal of Ethnobiology and Ethnomedicine. 19:5

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/985d9a41-a783-4b82-a448-fe09f7096a8b