PLANT FACT SHEET

Reinwardtia indica Dumort.

GENUS *Reinwardtia* **FAMILY** Linaceae

COMMON NAMES Yellow flax, Golden dollar plant

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are used as a vegetable.

DESCRIPTION

A shrub. It grows 1 m tall. The flowers are yellow. They are 5 cm across.

HABITAT

It is a tropical plant. In Nepal it grows between 300-2,300 m above sea level. It suits hardiness zones 9-11.

REFERENCES

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Dangol, D. R. et al, 2017, Wild Edible Plants in Nepal. Proceedings of 2nd National Workshop on CUAOGR, 2017.

Gautam, R. S., et al, 2022, Ethnobotanical Review of Wild Edible Plants of Nepal. Journal of Natural History Museum Volume 32, 2021-22 p 118

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/988641b1-2d5e-43db-ad64-60c32a8a05f2