PLANT FACT SHEET

Riocreuxia polyantha Schltr.

GENUS *Riocreuxia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten as a vegetable.

DESCRIPTION

A herb. It keeps growing form year to year. The stems are twining. The leaves are heart shaped and 3-12 cm long by 2-8 cm wide.

HABITAT

It is a subtropical plant. It grows in dry grassland.

REFERENCES

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/988891d3-1f2f-4c51-ae52-4881ef796914