PLANT FACT SHEET

# *Valeriana fauriei* Briq.

**GENUS** *Valeriana* **FAMILY** Caprifoliaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The leaves are cooked in mixed vegetables.

## DESCRIPTION

A herb.

## HABITAT

It is a temperate plant.

## NOTES

Valeriana fauriei var. dasycarpa is not in The Plant List

## REFERENCES


Hwang, H., et al, 2013, A Study on the Flora of 15 Islands in the Western Sea of Jeollanamdo Province, Korea. Journal of Asia-Pacific Biodiversity Vol. 6, No. 2 281-310 (As Valeriana fauriei var. dasycarpa)

Kim, H. & Song, M., 2013, Ethnobotanical analysis for traditional knowledge of wild edible plants in North Jeolla Province (Korea). Genetic. Resour. Crop Evol. (2013) 60:1571-1585



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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/9893bd9d-2f03-44a0-ac51-daa63db698c1