PLANT FACT SHEET

Vachellia nilotica subsp. adstringens (Guill. et Perr.) Brenan

GENUS *Vachellia* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Pods, Shoots, Leaves

It is considered to improve milk production in women.

DESCRIPTION

A tree.

HABITAT

It is a tropical plant. It grows in the Sahel.

NOTES

There are about 1,350 Acacia species. Over 1,000 occur in Australia. Also as Mimosaceae.
It can stimulate milk production.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 50 (As Acacia nilotica subsp. adansonii)

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Lompo-Ouedraogo, Z., et al, 2004, Effect of aqueous extract of Acacia nilotica ssp adansonii on milk production and prolactin release in the rat. J Endocrinol. 2004 Aug;182(2):257-66. (As Acacia nilotica subsp. adansonii)

Maydell, H. von, 1990, Trees and shrubs of the Sahel: their characteristics and uses. Margraf. p 123 (As Acacia nilotica subsp. adansonii)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/98aa0e94-2ca2-4e16-b13a-3d78c4a74916