PLANT FACT SHEET

Scorzonera mongolica Maxim.

GENUS *Scorzonera* **FAMILY** Asteraceae

COMMON NAMES Mongolian viper's grass

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root

The flowers are eaten raw.

DESCRIPTION

A herb. It grows 5-35 cm tall. It keeps growing from year to year. It has leaves at the base in a ring. The rootstock is cylinder shape. There can be a few stems. The leaves at the base are narrow and 2-13 cm long by 1 cm wide. The leaves on the stem are shorter. The flower heads are only few and in a sparse flat topped arrangement. They are yellow or white.

HABITAT

It is a temperate plant. In north China it grows in salty meadows and sands as well as alkaline soils and beach sands from sea level to 3,200 m above sea level.

REFERENCES

Lim, T. K., Edible Medicinal and Non-Medicinal Plants Volume 7 Flowers

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 199-230).

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/98b501dd-3a93-4e28-a273-57d97ba8c7e3