PLANT FACT SHEET

Curcuma parviflora Wallich

GENUS *Curcuma* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

Young leaves are served blanched and with chili sauce.
The flowers are boiled and eaten with shrimp paste and chili sauce.

DESCRIPTION

A ginger family herb. It grows 30-40 cm high. There are 3-5 leaves. The are oval and long and up to 23 cm long by 8 cm wide. The leaf stalk is smooth and 10 cm long. The flower arrangement is cylindrical and at the end of the shoot. It is 6 cm long by 2-3 cm wide. The bracts are like pouches and join together for half their length. They are 3 cm long by 1-1.2 cm wide. Each bract surrounds two flowers. The flowers are 1.5 cm long. The fruit is a capsule which is long and oval.

HABITAT

A tropical plant. It grows in shady deciduous forests.

NOTES

There are about 50 Curcuma species. They are mostly in SE Asia.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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