PLANT FACT SHEET

Vitex quinata (Lour.) F. N. Williams

GENUS *Vitex* **FAMILY** Lamiaceae

COMMON NAMES Joho lawe tree

EDIBLE PARTS AND USES

Edible parts: Fruit, Shoots

The fruit are eaten raw.
The young shoots are used as a vegetable.

DESCRIPTION

A shrub or large tree. It grows 14-32 m tall. The bark is pale brown and flaky or scaly and rough. The leaves have 3-5 leaflets. They are oval and 10 cm long. The flowers are in groups 20 cm long. They have a scent. The fruit is juicy and round. It is 1 cm across and black.

HABITAT

A tropical plant. In Yunnan in China it grows between 600-1300 m above sea level. It can be between 25-1,700 m above sea level. It grows in monsoon rainforest. In XTBG Yunnan.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

Also put in the family Verbenaceae.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 683

Bull. Herb. Boissier ser. 2, 5:431. 1905

Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 2279

Jin, Chen et al, 1999, Ethnobotanical studies on Wild Edible Fruits in Southern Yunnan: Folk Names: Nutritional Value and Uses. Economic Botany 53(1) pp 2-14

Savita, et al, 2006, Studies on wild edible plants of ethnic people in east Sikkim. Asian J. of Bio Sci. (2006) Vol. 1 No. 2 : 117-125

Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia. LIPI p 566

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/99042eae-bc55-437a-a249-9d9106a39d92