PLANT FACT SHEET

Helvella atra Oeder

GENUS *Helvella* **FAMILY** Helvellaceae

COMMON NAMES Black saddle fungus

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

DESCRIPTION

A mushroom. It grows 8 cm tall. The cap is 1-3 cm across.

HABITAT

It is a temperate plant. It grows in clusters on the forest floor. It does better in alkaline soils.

REFERENCES

Liu, D., et al, 2018, An ethnobotanical survey of edible fungi in Chuxiong City, Yunnan, China. Journal of Ethnobiology and Ethnomedicine (2018) 14:42

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9905cd58-4eb5-4ed4-b01c-77dd81c0da99