PLANT FACT SHEET

Achillea filipendulina Lam.

GENUS *Achillea* **FAMILY** Asteraceae

COMMON NAMES Cloth of Gold Yarrow, Fernleaf yarrow

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers - tea

The leaves are eaten raw or cooked. Young leaves can be put in salads.
Caution: It should not be eaten in large amounts.
The flowers and leaves are used for tea.

DESCRIPTION

A herb. It grows 1.3 m tall. The leaves are finely divided. They are narrow with leaflets along the stalk and these have lobes and teeth along the edge. The flowers are in large tight groups 15 cm across. They are yellow or golden. They have an uneven surface.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

Plants grow from seeds.

NOTES

The leaves are also used as medicine.

REFERENCES

ediblewildfood.com.
missouribotanicalgarden.org

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/992db390-8178-4c98-91a7-d6b36452bf6a