PLANT FACT SHEET

Cyclocodon lancifolius (Roxb.) Kurz

GENUS *Cyclocodon* **FAMILY** Campanulaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Root, Stems, Leaves

The starchy rhizome, stems and leaves are used cooked when food is scarce.
The fruit are eaten raw.

DESCRIPTION

A sprawling herb. It keeps growing from year to year. It can grow 3 m tall. It can be hairy. It is branched and has hollow stems and a tuberous root. The leaves are opposite. The leaf stalks are 3-15 mm long. The leaf blade is oval and 3-14 cm long by 1-4 cm wide. There are teeth along the edge of the leaf. The flowers are 7-15 mm across. They bare white or pale pink and in the axils of leaves. There can be 1-3 flowers together. The fruit is a flattened berry. It is 1 cm across. It is white. There are many small seeds with marks on them.

HABITAT

A tropical plant. It grows in wet places on the edge of forests and near streams. It is usually between 300-1500 m altitude.

NOTES

There are about 30 Codonopsis species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/993804c3-bdc5-4c08-a8f0-b0d5e0730387