PLANT FACT SHEET

Uapaca nitida Muell. Arg.

GENUS *Uapaca* **FAMILY** Phyllanthaceae

COMMON NAMES Narrow-leaved mahobohobo

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten raw.
A juice drink is made by squeezing the fruit in water.

DESCRIPTION

A small to medium sized tree. It grows to 10 m high. The bark is dark grey, rough and cracked. The leaves are narrowly oval and 5-16 cm long by 1.5-4.5 cm wide. They are shiny green above. The flowers are creamy-green and small. The fruit are oval and 2 cm long. They have 12 faint ribs. The fruit are red when ripe. The fruit are edible.

HABITAT

A tropical plant. It occurs at low altitude. It grows on swampy soil that does not become flooded. It grows between 40-1,830 m above sea level. It can grow in arid places. It grows in miombo woodland.

PRODUCTION

Cultivation

Plants can be grown from fresh seeds.

Harvesting and Seed Production

In Tanzania fruit are collected from November to December. The fruit are sometimes buried for a few days to ripen.

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