PLANT FACT SHEET

Pachyrhizus tuberosus (Lam.) Spreng.

GENUS *Pachyrhizus* **FAMILY** Fabaceae

COMMON NAMES Amazonian yam bean

EDIBLE PARTS AND USES

Edible parts: Seeds, Pods, Roots

The roots can be eaten raw or cooked.
The pods are boiled as a vegetable.

DESCRIPTION

A tall climbing vine. It keeps growing from year to year. It has showy flowers. The roots are crunchy and turnip shaped.

HABITAT

A tropical plant. In the Andes in Peru it grows between 1,000-2,000 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seed. Seed can be soaked in warm water overnight to assist germination.

Harvesting and Seed Production

The longer the hot growing season the larger the root. The root is harvested after the plant has died back. Pods appear within 3 months.

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