PLANT FACT SHEET

Parkinsonia microphylla Torr.

GENUS *Parkinsonia* **FAMILY** Fabaceae

COMMON NAMES Foothills paloverde, Littleleaf palo verde

EDIBLE PARTS AND USES

Edible parts: Seeds, Pods

DESCRIPTION

A thorny shrub. The branches are tangled. It grows 6 m tall. There are 1-2 leaves per node. The pods are 4-11 cm long and 7-9 mm wide.

HABITAT

It is a temperate plant. It grows between 800-1,300 m above sea level. It grows in arid areas.

REFERENCES

Ferns, Useful Temperate Plants.

https://www.fireflyforest.com/flowers/category/edible-plants/ Edible Plants – Southeastern Arizona Wildflowers and Plants

Nabhan, G. P., et al, 2022, Reviving the Arid American Diet in the Face of Climate Change: Assessing its Composition, Links to the Mesomerican Diet and Potential to Advance Indigenous Health and Diabetes Prevention. International Journal of Water Resources and Arid Environments 11(2): 81-112

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/996a50fb-beee-42cc-b81e-bbc8ea1fda13