PLANT FACT SHEET

Sagittaria cuneata Sheldon

GENUS *Sagittaria* **FAMILY** Alismataceae

COMMON NAMES Wapato, Arumleaf Arrowhead

EDIBLE PARTS AND USES

Edible parts: Root, Tubers, Rhizome, Stems

The corms are boiled and eaten. They can be boiled fresh, dried, or candied with maple syrup.

DESCRIPTION

A herb that grows in water. The leaves are arrowhead shaped. They are 12 cm long. The leaf stalks are 50 cm long.

HABITAT

It is a temperate plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/996aeaed-678a-41ee-8596-80dc41f2dc16