PLANT FACT SHEET

Onopordum corymbosum Willk.

GENUS *Onopordum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves at the base are peeled and used in stews.

DESCRIPTION

A thistle herb.

HABITAT

It is a Mediterranean climate plant. It has been recorded at 1,400 m above sea level.

REFERENCES

Rivera, D., et al, 2007, Gathered Food Plants in the Mountains of Castilla–La Mancha (Spain): Ethnobotany and Multivariate Analysis. Economic Botany, 61(3),

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/99c5fce1-1fee-4b79-883b-6fabe708517f