PLANT FACT SHEET

Breynia beillei Welzen & Pruesapan

GENUS *Breynia* **FAMILY** Phyllanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The leaves and flowers are cooked in soup with pork.

DESCRIPTION

A shrub.

HABITAT

It is a tropical plant. It suits the wet tropics.

REFERENCES

Nguyen, C. H., et al, 2021, Edible wild plants in the flora of Pu Luong Nature Reserve, Thanh Hoa Province, northern Vietnam. IOP Conf. Ser.: Earth Environ. Sci. 876 (As Sauropus racemosus)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/99e9c4b1-560e-4e11-b99f-b3b7a0e1711f