PLANT FACT SHEET

Secale montanum Guss.

GENUS *Secale* **FAMILY** Poaceae

COMMON NAMES Secale, Mountain rye

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The grain is eaten as a cereal. It is also used for flour for making bread and other baked goods.

DESCRIPTION

A grass. It keeps growing from year to year. It forms tufts and is greyish-green. It grows 100 cm high. The leaf blades can be flat or rolled. They are 15 cm long by 2-8 mm wide. The flower spike is 4-8 cm long. The spikelets have 2 flowers.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

It is grown from seed.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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