PLANT FACT SHEET

Euphrasia nemorosa (Pers.) Wallr.

GENUS *Euphrasia* **FAMILY** Scrophulariaceae

COMMON NAMES Eastern eyebright

EDIBLE PARTS AND USES

Edible parts: Leaves - flavour

The leaves are added to salads for their bitter flavour.

DESCRIPTION

A small annual herb. It has a taproot. It grows 10-40 cm tall. The stems are slender and squarish. The leaves are hairy. They flowers are pale lavender with purple lines and a yellow spot.

HABITAT

It grows in dry open areas.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 242

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/99f013ee-2a68-4688-8bf0-0df696f78220