PLANT FACT SHEET

Onopordum carduchorum Bornm. & Beauverd

GENUS *Onopordum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Stems, Fruit, Leaves

The young stems are peeled and eaten.
The leaves are cooked with onions.

DESCRIPTION

A herb.

Possibly now Onopordum illyricum subsp. illyricum

HABITAT

It is a Mediterranean climate plant.

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