PLANT FACT SHEET

Cissus welwitschii (Baker) Planch.

GENUS *Cissus* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A climbing shrub. It has woody stems and many branches. The leaf stalks are 5-8 cm long and slender. The leaves are broadly oval to heart shaped and 10-13 cm long by 8-9 cm wide. There are teeth along the edge and a tip at the end. They are fleshy and light green. The flowers are in compound groups of about 6 flowers. The fruit are round and about 2 cm long. They are green when unripe and turn red when ripe.

HABITAT

It is a tropical plant.

REFERENCES

JSTOR Global Plants edible (As Vitis welwitschii)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9a132528-9662-498c-ae10-50808798a84e