PLANT FACT SHEET

Urtica lobata E. Mey. ex Blume

GENUS *Urtica* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten as a potherb.

DESCRIPTION

A nettle herb. It grows 80 cm tall.

HABITAT

It is a subtropical plant.

REFERENCES

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9a16c58b-3dff-4304-abca-3664ef189a27