PLANT FACT SHEET

# *Anemarrhena asphodeloides* Bunge

**GENUS** *Anemarrhena* **FAMILY** Asparagaceae

**COMMON NAMES** Zhi mu

## EDIBLE PARTS AND USES

**Edible parts:** Root

## DESCRIPTION

A herb. It keeps growing from year to year and has rhizomes or underground stems. The rhizomes are 10 cm long by 0.5-1.7 cm wide. The leaves develop from the base and are grass like. They are 10-60 cm long by 0.15-1 cm wide. The scape is 35-100 cm long. The flowers are pink, purple or white. The fruit is a capsule which is 0.8-1 cm long by 0.3-0.6 cm wide. It has 6 prominent angles. The seeds are black.

## HABITAT

A cool temperate plant. It grows in scrub and grassy slopes in sunny places and on sandy hillsides from sea level to 1500 m in N China. In Sichuan.

## NOTES

There is one Anemarrhena species. The rhizomes are used in medicine. It has also been put in the family Anemarrhenaceae.

## REFERENCES


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