PLANT FACT SHEET

Thunbergia oblongifolia Oliv.

GENUS *Thunbergia* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

Leaves are cooked and eaten.

DESCRIPTION

A herb. It has an erect stem. It is woody. The leaves are oval and without leaf stalks. They are shiny and have soft hairs around the edge. The flowers are mauve with a yellow throat.

HABITAT

A tropical plant. In Malawi it grows at higher altitudes. It grows in the savannah.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 530

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 106

Malaisse, F., 1997, Se nourrir en floret claire africaine. Approche ecologique et nutritionnelle. CTA., p 69

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 172

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 45

Williamson, J., 2005, Useful Plants of Malawi. 3rd. Edition. Mdadzi Book Trust. p 246

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9a1fc6a7-decf-4619-abb7-efe3411d77ec