PLANT FACT SHEET

Isodon japonicus (Burm.f.) H. Hara

GENUS *Isodon* **FAMILY** Lamiaceae

COMMON NAMES Hiki-Okosi

EDIBLE PARTS AND USES

Edible parts: Leaves, Spice

The young leaves are fried and eaten.

DESCRIPTION

A herb. It keeps growing from year to year. The stems are erect and 40-150 cm tall. The base is woody. The tips are branched and hairy. The leaves are broadly oval and 7-13 cm long by 3-7 cm wide. The flowers are in loose panicles at the end of the plant.

HABITAT

It is a temperate plant. It grows in grasslands, forests and valleys from sea level to 2,100 m above sea level. In Sichuan.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9a50472a-a6ba-46c5-a66d-08e784ecb3cf