PLANT FACT SHEET

Asclepias fallax (Schltr.) Schltr.

GENUS *Asclepias* **FAMILY** Apocynaceae

COMMON NAMES Milk weed

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves need to be well cooked. The leaves are cooked and eaten. They can be bitter and are used as a relish.

DESCRIPTION

A herb. It grows 40 cm tall. It keeps growing from year to year. The stems are erect and hairy. They have milky sap. The leaves are simple and opposite. They are broadly sword shaped and hairy on both surfaces. The flowers are in a single cluster at the top of the plant. There are 12-15 flowers in a cluster with equal length stalks from one point. The flowers are small and 5 mm long. They are white tinged with purple. The fruit is a single long follicle tapering to the tip. There are 6 or more spine like processes. The seeds are oblong and brown.

HABITAT

It is a subtropical plant.

NOTES

Also put in the family Asclepidaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9a60bbeb-9ebb-441c-96ff-3f02748bc76b