PLANT FACT SHEET

Schisandra rubriflora (Franch.) Rehder & E. H. Wilson

GENUS *Schisandra* **FAMILY** Schisandraceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten fresh and also used to prepare local wine.

DESCRIPTION

A deciduous climber. It grows 4.5-6 m long. The leaves are dark green and glossy. They are oval or sword shaped and 5 cm across by 15 cm long. Male and female flowers are on separate plants. The flowers are deep red with a slight sweet smell. They are 2.5 cm across. The fruit occurs in long strings. These are 15 cm long. They are like a red currant.

HABITAT

It is a temperate plant. It can tolerate slight frosts. It grows in forests between 2,500-3,600 m above sea level. It suits hardiness zones 8-10. In Sichuan and Yunnan.

PRODUCTION

Harvesting and Seed Production

In Yunnan fruit are harvested from August to October.

NOTES

There are about 25 Schisandra species.

REFERENCES

Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 1323

Joyce, D., 1998, The Garden Plant Selector. Ryland, Peters and Small. p 186

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

Phillips, R. & Rix, M., 2002, The Botanical Garden Vol. 1. Trees and Shrubs. MacMillan. p 62

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

C. S. Sargent, Pl. wilson. 1:412. 1913

Wang, J., et al, 2020, An ethnobotanical survey of wild edible plants used by the Yi people of Liangshan Prefecture, Sichuan Province, China. Journal of Ethnobiology and Ethnomedicine 16:10 p 9

Zhang, L., et al, 2015, Ethnobotanical survey of medicinal dietary plants used by the Naxi People in Lijiang Area, Northwest Yunnan, China. Journal of Ethnobiology and Ethnomedicine (2015) 11:40

Zhang, L., et al, 2016, Ethnobotanical study of traditional edible plants used by the Naxi people during droughts. Journal of Ethnobiology and Ethnomedicine. 12:39

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9a8e4893-b501-4aef-8c05-676d37c8e6e5