PLANT FACT SHEET

Inga paterno Harms

GENUS *Inga* **FAMILY** Fabaceae

COMMON NAMES Ice-cream bean, Paterno inga

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit

The sweet white pulp around the seeds is eaten raw.
The young seeds are blanched, salted, and used in salads or desserts.
They can be bottles in vinegar.

DESCRIPTION

A shrub or small tree. It grows 10 m tall and spreads 6 m wide. The leaves have leaflets along the stalk. These are divided twice. They have a reddish tint when young. The flowers are white. The seeds pods are 15-50 cm long. They are 4-5 cm wide.

HABITAT

A tropical plant. It suits seasonally dry conditions. It suits hardiness zones 10-12.

PRODUCTION

Cultivation

Plants grow easily from fresh seeds. Seeds germinate in 1-2 weeks given moisture and shade.

NOTES

There are 350 Inga species. Also as Mimosaceae.

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