PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Rourea coccinea (Schumach. & Thonn.) Benth.

GENUS *Rourea* **FAMILY** Connaraceae

EDIBLE PARTS AND USES

Edible parts: Vegetable, Possibly medicine

DESCRIPTION

A small shrub. It can be a woody climber. It can grow 20 m tall.

HABITAT

It is a tropical plant. It grows in savannah woodland and near rivers. It can be in palm groves. In Nigeria it has been recorded at 230 and 1,440 m above sea level.

NOTES

Medicine.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9aa2fb71-3810-43a8-9f00-e2ec76248fd4